

## **FAMILY CAMP BETHANY WEEK THREE - JULY 15 - JULY 21, 2018**

***Menus posted can change due to supplier availability.***



### **SUNDAY, JULY 15:**

- **Breakfast:** Egg scrambler, sausages, toast and jam, fruit tray, muffins, and cereal.
- **Lunch:** Turkey dinner with mashed potatoes and gravy, corn, cranberries, tossed salad, dinner rolls, and peach crisp.
- **Dinner:** BLT wraps with broccoli salad, chips, pickles, veggie sticks, and brownies.

### **MONDAY, JULY 16:**

- **Breakfast:** Pancakes and bacon, oranges, yogurt, bagels, and cereal.
- **Lunch:** Tacos in a bag, veggies, jello, and cookies.
- **Dinner:** Pork chops, baked potatoes with sour cream, California veggies, and raspberry bars.

### **TUESDAY, JULY 17:**

- **Breakfast:** Mini quiches, oatmeal, fruit tray, and cereals.
- **Lunch:** Hawaiian ham sammies, soup, veggie sticks, chips, and butter tarts.
- **Dinner:** Chicken enchiladas, tossed salad, and Nanaimo bars.

### **WEDNESDAY, JULY 18:**

- **Breakfast:** French toast and bacon, yogurt, cereals and fruit tray.
- **Lunch:** Beef stew, salad, rolls and butter, and mini cheese cakes.
- **Dinner:** Potluck, tetrazzini, and salad.

### **THURSDAY, JULY 19:**

- **Breakfast:** Breakfast burritos with ham, peppers, and salsa, fruit cocktail, cereals, and banana bread.
- **Lunch:** Lemon chicken, fried rice, spring rolls with plum sauce, peas, and cookies.
- **Dinner:** Shake n' bake chicken legs, greek pasta salad, carrots, green beans, and lemon pie.

### **FRIDAY, JULY 20:**

- **Breakfast:** Waffles with whipped cream and fruit, yogurt, and cereals.
- **Lunch:** Pizza casserole, caesar salad, garlic bread sticks, and cupcakes.
- **Dinner:** BBQ grilled hamburgers, taco salad, chips, ambrosia salad, and trifle.

### **SATURDAY, JULY 21:**

- **Breakfast:** Hard boiled eggs, yogurt parfaits, toast and bagels, fruit trays, cinnamon buns, oatmeal, and cereals.